

Class -12 th (Humanities)
Holiday homework (2025-26)

"Learning is a journey, not a destination. The more you learn, the more you grow, and the more you realize the vastness of your potential. Use your holidays to explore new ideas, to discover new passions, and to challenge yourself to new heights. Don't just rest, invest in your future. Make the most of this opportunity to learn, to grow, and to become the best version of yourself. The knowledge you gain now will be the foundation upon which you'll build your future successes. So, approach your holiday homework with enthusiasm, with curiosity, and with a willingness to learn. The rewards will be worth it."

Sociology

Choose one of the following topics:

1. Social Change
2. Caste System
3. Globalization
4. Family and Kinship
5. Social Movements

Project Requirements

1. ***Cover Page***: Include title, student's name, class, and school name.
2. ***Index***: List sections and page numbers.
3. ***Introduction***: Introduce the topic, its significance, and objectives.
4. ***Research and Analysis***: Conduct research, collect data, and analyze findings.
5. ***Conclusion***: Summarize key points and implications.
6. ***Bibliography***: List sources used.

Project Format

1. ***Page Limit***: Typically, 15-20 pages (excluding cover page and index).
2. ***Font and Spacing***: Use a standard font (e.g., Arial, Times New Roman) and 1.5-line spacing.
3. ***Binding***: Ensure proper binding or a folder to keep pages organized.

Submission

1. ***Deadline***: Specify the submission date.
2. ***Format***: Ensure the project is neatly typed and printed.

Evaluation Criteria

1. ***Content***: Depth and accuracy of information.
2. ***Analysis***: Critical thinking and insight.
3. ***Organization***: Clarity and coherence.
4. ***Presentation***: Neatness and overall appearance.

Additional Tips

1. Encourage originality and creativity.
2. Provide guidance and support as needed.
3. Emphasize the importance of proper citation and referencing.

History

Make a Project file in

The Indus Valley civilisations

Political science

Make a Project file in

Freedom, equality and citizenship

Legal studies

METHODOLOGY-

Students are required to select three decided cases related to their curriculum, with the following conditions:

- One case must be civil in nature.
- One case must be criminal in nature.
- One case must be constitutional in character.

The essential points that the research on the selected cases must include are:

- Name of the case
- Parties to the case
- Citation to the case
- Bench
- Nature of the case (Civil, Criminal, or Constitutional)
- Facts of the case and issues involved
- Decision of the case

Physical education

Prepare a practical file which has the topic as follows.

1-Any specialized game that is of your choice and is affiliated to the Indian Olympic Association, describe the History terminologies of the game the National and International Players of Game and awards in detail

2- Write about Sai Khelo India Fitness Junior and Senior Tests

3-Benefits of Yoga for Prevention and Cure of Lifestyle Diseases

4- Common Sports Injuries and Their Preventive and Curative Methods